



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	For the Daily Activities Recording, press the <i>Activities Button</i> on your suite's call pad			1 10:30 Canada Day Parade Starts at the 158 street entrance, and will pass the Emerald at 10:45 3:00 Canadian Trivia <i>Lower Lounge</i>	2 9:15 Osteofit 10:00 Communion & Mass 1:30 Movie Matinee 2:00 Maple Nut Fudge <i>Country Kitchen</i>	3 10:30 Balloon Badminton <i>Multi-Purpose Room</i> 2:30 Ice Cream Social <i>Lower Lounge</i>
4 9:30 Worship Service & Communion	5 9:30 Walking Club 10:00 Bible Study 1:30 Osteofit 2:00 Knitting Group	6 9:15 Fun, Fit, Sit 10:00 Computer Lab 10:30 *Bus Outing* Ferry Ride 3:15 Hymn Sing	7 9:30 Walking Club 10:30 Noodle Hockey 2:00 Tai Chi 6:30 Ten Pin Bowling Night <i>Multi-Purpose Room</i>	8 10:00 Computer Lab 10:15 Sing-a-long with Judy 2:30 Exercise Room Orientation <i>Exercise Room</i>	9 9:15 Osteofit 10:00 Communion & Mass 10:30 *Bus Outing* Willowbrook Mall 3:00 Live Music Brian Zalo	10 10:30 Balloon Badminton 3:00 Tea and Talk <i>Lower Lounge</i>
11 9:30 Worship Service with Pastor Gord Fryer <i>Multi-purpose Room</i>	12 9:30 Walking Club 10:00 Bible Study 1:00-2:30 Hearing Clinic 2:00 Knitting Group	13 9:15 Fun, Fit, Sit 10:00 Computer Lab 3:15 Hymn Sing 6:30 Games Night	14 9:30 Walking Club 10:30 Noodle Hockey 2:00 Tai Chi 6:30 Ten Pin Bowling Night <i>Multi-Purpose Room</i>	15 10:00 Computer Lab 10:15 Sing-a-long with Judy 2:30 Birthday Tea with Ralph Shaw	16 9:15 Osteofit 10:00 Communion & Mass 10:00 Clark's Shoes 1:30 *Bus Outing* Ice Cream in White Rock	17 1:00 at the Oasis: Natalie & Jeff Wedding Ceremony Shuttle available from 12:15pm
18 9:30 Worship Service with Pastor Gord Fryer <i>Multi-purpose Room</i>	19 9:30 Walking Club 10:00 Bible Study 1:30 Osteofit 2:00 Knitting Group	20 9:15 Fun, Fit, Sit 10:00 Computer Lab 10:30 Grandma's Closet 3:15 Hymn Sing	21 9:30 Walking Club 10:30 Noodle Hockey 2:00 Tai Chi 6:30 Ten Pin Bowling Night <i>Multi-Purpose Room</i>	22 10:00 Computer Lab 10:15 Sing-a-long with Judy 10:15 Homemade Lemonade 3:00 Lemonade Social <i>Lower Patio</i>	23 9:15 Osteofit 10:00 Communion & Mass 11:00 *Bus Outing* Domaine De Chaberton Lunch and Vineyard Tour	24 10:30 Balloon Badminton <i>Multi-Purpose Room</i>
25 9:30 Worship Service with Pastor Gord Fryer <i>Multi-purpose Room</i>	26 9:30 Walking Club 10:00 Bible Study 1:30 Osteofit 1:30 Mending 2:00 Knitting Group	27 9:15 Fun, Fit, Sit 10:30 Resident Meeting 3:15 Hymn Sing 6:30 Games Night	28 9:30 Walking Club 10:30 Noodle Hockey 2:00 Tai Chi 6:30 Ten Pin Bowling Night <i>Multi-Purpose Room</i>	29 10:00 Computer Lab 10:15 Sing-a-long with Judy 2:00 Flora and Fauna Appreciation Tea <i>Lower Patio</i>	30 9:15 Osteofit 10:00 Communion & Mass 2:00 BC Day Celebration with The Jammers	31 10:30 Balloon Badminton 1:30 Summer Craft <i>Country Kitchen</i> 2:30 Ice Cream Social